

# **Board of Health**

Ron Wesen, Chair Lisa Janicki, Commissioner Kenneth Dahlstedt, Commissioner

# PHT Membership Meeting Thursday April 5, 2018 Skagit Transit Community Room

**Members:** Debra Lancaster, Diane Smith, Howard Leibrand, John Sternlicht, Kari Ranten, Ken Lawson, Kevin Murphy, Laurie Jarolimek, Liz Lovelett, Liz McNett Crowl, Mary McGoffin, Mary Ellen Lykins, Michael Sharp, Mo Pettitt, Phil Brockman, Sonia Garza, Randy Elde & Stephanie Morgareidge

Staff: Kristen Ekstran, David Jefferson, Amanda Horvath and Mel Pedrosa

**Regrets:** Barbara Juarez, Bill Henkel, Carol Hawk, Cheryl Rasar, Chris Johnston, Colleen Pacheco, Connie Davis, Don McDermott, Jennifer Sass-Walton, Jennifer Johnson, Joanne Lynn, Margaret Rojas, Scott Hale & Stacy Phelps

- Welcome & Forces of Change conversations
- Introductions, Agenda Review, and Approve Previous Minutes The group voted to approve the previous minutes.
- Recognitions/Celebrations
  - Debra shared on the Terry Belcoe Award presentation to Cheryl Bishop on March 25<sup>th</sup>. Debra thanked the PHT for participation in this effort of establishing the award in Terry's honor. The Organizing Team will meet and establish the processes for this award in the future.

## • Steering Report

Kevin gave an update to the group on the most recent Steering Commitment meeting in March. These highlights included:

- Safety, shall we prioritize?
- Skagit Regional Health received approval for state funds to update their ER to include a SUD triage unit
- Strategy Mapping Software, this process is almost complete

## • School Multi-Tiered Systems of Support

Phil shared the current and upcoming work in the school system around safety and academics. He presented information from the Office of Superintendent of Public Instruction (OSPI) website including:

- ✓ Vision/Mission
- ✓ Measures of Success

- ✓ Multi-Tiered System of Supports
  - 1. Tier I-for all students to be prepared for career, college, and life
  - 2. Tier II-for students that need additional reading and math instruction, as well as students who need more intensive or accelerated academic, career, behavioral, and/or behavioral health interventions in addition to Tier I
  - 3. Tier III-for students who need case management or accelerated instruction in addition to Tier I and II

In addition to facilitating the Multi-Tiered System of Supports, the district includes processes to enable student's maximum success, including:

- ✓ Small group learning for Tier II students within the class time
- ✓ One-on-one assessment and instruction for Tier III students outside of the classroom

### Discussion

Barbara commented that afterschool programs in tribal communities have made an impact and wondered if those programs are offered broadly. She also asked if this Tiered process has made a large impact on the students who struggle? Phil responded that this is structure is an assessment tool that used to determine when students need help and at which level.

Mary Ellen shared that by deepening relationships with students, schools get to know their needs. She shared that at Head Start there are families who have barriers when it comes to additional schooling, academic or vocational, due to previous adverse experiences with schools. Phil acknowledged this challenge and shared about a new state-sponsored program called Open Doors Program to address students who need alternative help.

#### • Maternal & Child Health update

Kristen shared an update on the First 1,000 Days Workgroup processes and action steps.

#### Questions-

Liz asked if early infant and child care is on the docket, due to the need in Anacortes. Kristen indicated that quality childcare expansion is being discussed and will likely be incorporated.

Mo asked if there is something at the state level that will drive some of the Action items that will come up. Kristen answered that there is not a specific action plan from the state like there was with opioids, but the original frame work of this group is a state-level framework. The group has referenced many different models and planning documents at a national level including work from Harvard's Center for the Developing Child.

Mary shared that maybe the Future State is molding different social norms, since it seems the PHT's role is to establish and support those. Barbara shared the importance of looking at the changing state statutes and include those in the assessment for local action items.

### • Meeting Summary & closing comments

- David shared a link to a Housing Survey facilitated by Public Health and will forward to members for input regarding the use of local, state, and federal resources to provide solutions to homelessness
- David and Kristen will be attending the 2018 Equity Summit in Chicago and have established a Twitter tag #PHTEquity for updates throughout the conference
- > Mo asked if David could send a final copy of the PHT operating Principles